



The Brighton Zip
Daltons Bastion
Madeira Drive
Brighton BN2 1EN
Info@brightonzip.com
www.brightonzip.com

Safety Information

All participants must be included on this form. The form must be completed by a parent or guardian for any participant under 18 years of age. Please note and adhere to minimum height/weight restrictions related

ACTION CHALLENGE

All Action Challenge activities involve some physical exertion.

The activity you are about to participate in is high risk.

Following the safety rules on this leaflet and the information from the instructor advice will reduce that risk.

Failing to follow these rules and advice could result in serious injury.

For your own safety & comfort:

The Zip Wire and Drop Zone has a maximum weight limit of 120kg and a minimum weight limit of 30kgs

For your own safety, you may be weighed if you appear to approach this weight

There is a Height restriction of 1.30m

This can be physically challenging activity so if you are not up to the physical challenge then please don't do it.

Compulsory safety full body harnesses and safety helmets are worn, we use:

Petzl	Helmets
Petzl	Full Body Harnesses
Newtons	Large Children / Small Adults Harness
Simba	Young Children's Harnesses

All participants must adhere to these rules as the physical nature of the activity may occasionally result in contact with equipment or harnesses, which might give rise to bruises or other bumps or scrapes. **Remove all jewellery and body piercings (Please do not bring these to the session)**

Helmets are required on most Action Challenge Activities. If required they must be worn.

Tie long hair back.

Please dress appropriately for all weather conditions. Suitable clothing must be worn. (i.e. no skirts or swimwear).



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Wear sensible shoes. Open toed shoes, croc type shoes, espadrilles or open back shoes must not be worn.

Arrive 10 minutes before your session starts

Be accompanied by an adult until harnessed if under 16 years of age

Any items in pockets including mobile phones, small change etc must be left on the ground with spectators

It is suggested that all participants go to the toilet prior to harnessing up

Please remove chewing gum as it is a choking hazard

Action Challenge site is a no smoking area.

RULES AND REGULATIONS FOR THE BRIGHTON ZIP AND DROP ZONE

YOU MUST NOT RIDE IF:

1) You are under (or suspected of being under) the influence of alcohol or drugs,

2) You have a medical condition such as;

- Heart conditions (including high blood pressure),
- All respiratory conditions,
- Back, limb, or joint injuries, (including any type of spinal injury or weak spine condition),
- Experienced a fit or seizure in the past 6 months,
- A weak physical constitution or poor physical conditioning,

3) You are pregnant,

4) Above 120kg in weight,

5) Below 30kg in weight,

6) You are a child aged under 16 years of age without a parent or guardian both supervising and do not have a disclaimer signed by them or the authority to sign on behalf of the parent/guardian

The senior instructor has an overriding decision on whether each individual is able to ride the Zip and Drop Zone.

Please note: The Brighton Zip and Drop Zone can be experienced in most weather conditions and is an all year-round attraction. However, rides on the Zip and Drop Zone may be cancelled due to adverse weather conditions with the decisions made at the management's discretion.

We advise our customers to keep an eye on our website and social media for weather updates, and any concerns please look at our booking terms and conditions.